

# DAWN BERRYMAN

SPECIALIST OCCUPATIONAL THERAPIST

## CONTACT

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## PROFILE

Dawn Berryman is an experienced Specialist Occupational Therapist based in Truro, Cornwall. She graduated from the University of the West of England in 2014 with a BSc (Hons) in Occupational Therapy and has extensive clinical experience across acute services, community health, mental health, and paediatrics.

Dawn specialises in sensory integration, neurodevelopmental conditions, emotional regulation, and functional rehabilitation for children and adults. She has completed all six modules of the CLASI Certificate in Ayres Sensory Integration and delivers fidelity-based ASI intervention. She is trained to administer and interpret the EASI (Evaluation in Ayres Sensory Integration).

She is also a trained DIR Floortime Practitioner, integrating developmental and relationship-based principles alongside sensory integration to support regulation, engagement, and participation.

Through her independent practice, Waves Occupational Therapy, Dawn delivers detailed EHCP-compliant assessments, specialist reports, and evidence-based intervention programmes across home, education, and community settings.

## KEY SKILLS

### Sensory Integration and Therapy

- Completed Modules 1–6 of the CLASI Certificate in Ayres Sensory Integration
- Delivers fidelity-based Ayres Sensory Integration (ASI) intervention
- Qualified to administer and interpret EASI
- Skilled in SPM-2, REAL ADL, FLIQ, and Goal Attainment Scaling (GAS)
- Comprehensive understanding of tactile, vestibular, proprioceptive, auditory, visual, and interoceptive processing

### Neurodevelopmental and Paediatric Expertise

- Specialist experience with Autism, ADHD, Down's Syndrome, and DCD/dyspraxia
- Assessment and intervention in fine/gross motor skills, praxis, visual-motor integration, and handwriting
- Development of school- and home-based functional programmes
- Contribution to EHCPs with quantified provision and measurable outcomes

### Developmental & Emotional Regulation Approaches

- Trained DIR Floortime Practitioner
- Integrates developmental, relational, and sensory-informed practice
- Supports co-regulation, social communication, and engagement
- Experience with high-anxiety and demand-avoidant profiles

### Adult Rehabilitation & Functional Assessment

- Functional assessments, equipment provision, and home adaptations
- Postural assessment and environmental modification
- Acute discharge planning and mental health rehabilitation

### Clinical Reporting & Leadership

- Produces detailed EHCP-compliant reports and provision plans
- Integrates standardised assessment data into comprehensive clinical reasoning
- Multidisciplinary collaboration across education, health, and social care
- Mentorship and supervision of junior staff and assistants

## PROFESSIONAL MEMBERSHIPS & CERTIFICATIONS

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- Health and Care Professions Council (HCPC) – Registered Occupational Therapist
- Royal College of Occupational Therapists (RCOT) – Full Member
- CLASI – Ayres Sensory Integration Modules 1–6 Completed
- Trained DIR Floortime Practitioner
- Certified Provider – The Listening Program (TLP), Learning Solutions
- Postgraduate Training – Integrate with Success: Retained Primitive Reflexes
- Certified to Administer EASI (Evaluation in Ayres Sensory Integration)

## EXPERIENCE

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### Independent Occupational Therapist

#### Waves Occupational Therapy / The OT Practice

2021–Present

- Deliver specialist sensory integration therapy and functional rehabilitation for children and adults across home, school, nursery, and community settings.
  - Complete comprehensive EHCP-compliant assessments using EASI, SPM-2, REAL ADL, and structured clinical observation.
  - Design and implement individualised, evidence-based intervention programmes to improve participation and independence.
  - Provide detailed, quantified provision plans for statutory assessment and tribunal-level documentation.
  - Assess adults for home adaptations, equipment provision, and environmental modifications to promote safety and functional independence.
  - Liaise closely with multidisciplinary teams, families, and education providers to ensure consistent and integrated support.
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### Children’s Occupational Therapist

#### Royal Cornwall Hospitals Trust (RCHT), Community Paediatric

#### Therapies

2018 – 2022

- Managed a complex paediatric caseload including children with physical disabilities, sensory integration difficulties, autism spectrum conditions, and motor coordination challenges.
  - Conducted comprehensive functional and sensory assessments and developed evidence-based therapy programmes.
  - Delivered parent workshops through the WRAPS (Working in Partnership Around the School) pathway, supporting understanding of sensory processing and emotional regulation.
  - Coordinated multidisciplinary care across education, health, and social services.
  - Prescribed adaptive equipment to support posture, access, and independence.
  - Provided mentorship and supervision to junior therapists and therapy assistants.
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### Occupational Therapist

#### RCHT, Adult Acute Assessment and Discharge Team

2015 – 2018

- Delivered timely, evidence-based interventions and discharge planning for patients with acute and complex needs including palliative care.
  - Designed and implemented care plans that ensured safe and effective transitions from hospital to home or community settings.
  - Assessed and prescribed equipment to promote independence and reduce risk of readmission.
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### Occupational Therapist

#### Cornwall Partnership NHS Foundation Trust, Integrated Adult Mental Health Team

2015

- Provided client-centred, recovery-focused OT interventions to adults with complex mental health conditions.
  - Managed a diverse caseload using the Care Coordination approach.
  - Collaborated with multidisciplinary teams to bridge primary and secondary care and deliver integrated support.
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## Occupational Therapist – Cornwall Partnership NHS Foundation Trust, CAMHS

2014 – 2015 (9-month maternity cover)

- Supported children and young people with Tier 3 mental health needs through targeted occupational therapy interventions.
- Delivered OT-specific and generic interventions across clinic, school, and home environments.
- Facilitated referrals, triaged urgent cases, and contributed to multi-agency care planning.

### References

Available upon request.