

Beth Chequer

bethchequer@wavesot.com
HCPC: OT 27791

Highly experienced SI Level 3 Children's Occupational Therapist. Skilled in early years treatment and intervention of children with sensory and physical differences, autistic spectrum disorders and school-based difficulties such as attention / concentration difficulties and handwriting.

Highlights

- Twenty eight years post graduate experience; twenty six of those with children.
- Post-graduate certificate in Sensory Integration (level 3) from the SI Network.
- Experienced in running parent workshops including parent / carer sensory & SENCo workshops and involvement with circle of security.
- Safeguarding supervisor.
- Excellent communication and interaction skills.
- Experienced in writing clinical reports for parents and education / health professionals.
- Extensive knowledge of a wide range of paediatric conditions.
- Twenty two years experience working as an Occupational Therapist in a busy NHS Child Development Centre – 20 years as Team Leader.
- Completed Bobath foundation and early assessment and intervention training.

Employment

May 2003 to present - Plymouth Hospitals NHS Trust - Children's Occupational Therapist based at Plymouth Child Development Centre.

Hold a complex case load encompassing children of all ages with physical, sensory motor, autistic spectrum disorders, attention / concentration problems and motor and independence skills difficulties.

Provide safeguarding supervision to a wider team. Liaise with colleagues in health, education and social care on a daily basis to ensure effective communication to support each child.

Work closely with junior staff and assistants to plan and implement treatment blocks tailored to a child's individual needs. Have built on sensory processing training to provided a practical assessment and advice service to children and families. I have particular passion for teaching and implementing the principles relevant to sensory integration.

May 2001 to May 2013 - Children's Occupational Therapist based at the West of England School for children with Visual Impairments. (In Focus charity)

Providing ongoing assessment and treatment including sensory processing involvement to children at the school. Gained skills with working with children with visual impairments mental health needs.

August 2000 to May 2001 - Senior One Children's Occupational Therapist at the Coventry Child Development Centre.

Senior two therapist for a diverse population. Developed understanding of a wide variety of conditions as well as improving time management and organisational skills. I was able to manage my time well working with a variety of settings.

Feb 1999 to August 2000 - Senior Two Children's Occupational Therapist at Dover Heath Centre.

First children's Occupational Therapy role in which I developed a passion for working with children to improve their daily living skills. Developed skills in the use of standardised assessments as well as running groups and liaising with schools and other members of the multidisciplinary team.

July 1997 to Feb 1999 - Basic grade rotation at Medway Maritime Hospital.

Including elderly mentally ill, surgical, wheelchair service, social care. Experience of acute and community work leading to skills that I still use today, including time management and report writing.

Education & Professional Development

2025 Up to date with all statutory training requirements in NHS.
2024 Avoidant Restrictive Food Intake Disorder (2 day masterclass, NHS England)
2024 Sensory Integration Level 3. (Sheffield Hallam University / SI Network)
2020 Transferred parent sensory workshop to online.
2020 Sensory Integration Level 2.
2018 Sensory Integration Level 1.
2013 Neglect and Disability Safeguarding Supervision.
2013 Safeguarding Supervisor Training Plymouth Hospitals NHS Trust.
2011 Appointed lead OT and joint lead Therapist for Plymouth.
2005 Advanced Early Assessment and Intervention with Babies and Young Children - Bobath Centre, London. (5 days)
2004 Bobath Foundation - Bobath Centre, Cardiff. (8 weeks)
1999 Ayres Sensory Integration Assessment. (5 days)
1997 Graduated from Canterbury Christ Church University with an honours degree in Occupational Therapy.