

# DAWN BERRYMAN

SPECIALIST OCCUPATIONAL THERAPIST

## CONTACT

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## PROFILE

Dawn Berryman is an experienced and independent Occupational Therapist based in Truro, Cornwall. She graduated from the University of the West of England in 2014 with a BSc (Hons) in Occupational Therapy and has developed a broad and in-depth clinical background across acute care, community health, mental health, and paediatrics.

Dawn specialises in sensory integration, complex developmental conditions, and functional rehabilitation for both children and adults. She is fully qualified in Ayres Sensory Integration (ASI) and has completed Modules 1–5 of the CLASI Certificate in Sensory Integration. She is competent to administer and interpret the EASI (Evaluation in Ayres Sensory Integration) and deliver ASI-based therapy.

In her independent practice, Waves Occupational Therapy, Dawn provides detailed, EHCP-compliant assessments and reports. She works in homes, schools, nurseries, and community settings, offering tailored interventions that empower clients to achieve independence and improve quality of life. She is committed to evidence-based, client-centred practice and continues to extend her clinical knowledge through regular postgraduate training.

## KEY SKILLS

### Sensory Integration and Therapy

- Qualified to administer and interpret EASI assessments
- Competent in Ayres Sensory Integration (ASI) intervention
- Skilled in using SPM-2, REAL ADL, FLIQ, and goal-based assessment frameworks (e.g., GAS)
- Experienced in addressing sensory processing difficulties across all systems (tactile, vestibular, proprioceptive, auditory, visual, interoception)

### Paediatric Occupational Therapy

- Specialist in working with children with Autism, ADHD, Down's Syndrome, DCD/dyspraxia
- Expertise in fine and gross motor development, visual-motor integration, and handwriting
- Deliver functional, school-based and home-based therapy programmes
- Conduct parent workshops and contribute to EHCPs with quantified outcomes

### Adult Occupational Therapy and Rehabilitation

- Experience in assessing adults for functional difficulties, postural needs, and daily living tasks
- Skilled in recommending and specifying home adaptations, including bathroom assessments
- Broad experience in acute discharge planning and adult mental health rehabilitation

### Functional Assessment and Clinical Reporting

- Proficient in EHCP-compliant OT reports, goal setting, and provision planning
- Strong written communication for healthcare professionals, families, and educational settings
- Capable of integrating clinical data, observations, and standardised tools into comprehensive reports

### Multidisciplinary Collaboration and Leadership

- Liaises effectively with educators, health and social care teams
- Supports WRAPS pathway delivery with training for parents and carers
- Mentors junior therapists and assistants, promoting high standards of care and development

### Emotional regulation and behavioural support

- Delivers sensory-based emotional regulation interventions
- Works with high-anxiety profiles including children with demand avoidance (e.g., pda traits)
- Advocates for inclusive environments that support sensory and emotional needs

## PROFESSIONAL MEMBERSHIPS & CERTIFICATIONS

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- Health and Care Professions Council (HCPC) – Registered Occupational Therapist
- Royal College of Occupational Therapists (RCOT) – Full Member
- Sensory Integration Education (SIE) / CLASI ASI – Modules 1–5 Completed
- Certified Provider – The Listening Program (TLP), Learning Solutions
- Postgraduate Training – Integrate with Success: Retained Primitive Reflexes
- Certified to Administer EASI (Evaluation in Ayres Sensory Integration)

## EXPERIENCE

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### Independent Occupational Therapist – Waves Occupational Therapy / The OT Practice

2021-Present

- Delivers sensory integration therapy and functional rehabilitation to children and adults in home, school, and nursery settings.
- Conducts detailed EHCP assessments using tools such as the EASI, SPM-2, and REAL.
- Designs personalised, evidence-based treatment plans to improve participation and independence.
- Liaises with multidisciplinary teams, families, and educational staff to ensure consistent support.
- Assesses adults for home modifications and adaptations, including bathroom adaptations to promote safety, dignity, and independence.
- Supports children with autism spectrum conditions, down's syndrome, dyspraxia, and emotional regulation difficulties using integrated sensory-based strategies.

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### Children's Occupational Therapist – Royal Cornwall Hospitals Trust (RCHT), Community Paediatric Therapies

2018 – 2022

- Managed a complex caseload of children with physical disabilities, sensory integration difficulties, autistic spectrum conditions, and fine/gross motor skill challenges.
- Completed assessments of children's functional and sensory needs and developed child-centred, evidence-based therapy programmes.
- Conducted parent training workshops as part of the wraps (working in partnership around the school) pathway, supporting families to understand sensory processing, emotional regulation, and promote functional independence.
- Liaised with educational, health, and social care professionals to coordinate care and ensure consistency across home and school environments.
- Provided adaptive equipment to support posture, access, and independence in daily life.
- Mentored junior staff and therapy assistants, providing training and supervision to support ongoing professional development and adherence to best practice standards.

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### Occupational Therapist – RCHT, Adult Acute Assessment and Discharge Team

2015 – 2018

- Delivered timely, evidence-based interventions and discharge planning for patients with acute and complex needs including palliative care.

- Designed and implemented care plans that ensured safe and effective transitions from hospital to home or community settings.
- Assessed and prescribed equipment to promote independence and reduce risk of readmission.

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### Occupational Therapist – Cornwall Partnership NHS Foundation Trust, Integrated Adult Mental Health Team

2015

- Provided client-centred, recovery-focused OT interventions to adults with complex mental health conditions.
- Managed a diverse caseload using the Care Coordination approach.
- Collaborated with multidisciplinary teams to bridge primary and secondary care and deliver integrated support.

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### Occupational Therapist – Cornwall Partnership NHS Foundation Trust, CAMHS

2014 – 2015 (9-month maternity cover)

- Supported children and young people with tier 3 mental health needs through tailored OT interventions.
- Delivered both generic and OT-specific care within the Sedgemoor Centre and school/home settings.
- Facilitated referrals, triaged urgent cases, and contributed to a multi-agency team focused on improving mental health outcomes for children and adolescents.

## References

Available upon request.