



AMY WILLIAMS

OCCUPATIONAL THERAPIST

HCPC No: OT35629

SUMMARY

I am a dedicated and experienced Occupational Therapist who has acquired experience in a wide range of clinical areas during the last 22 years of my practice as an Occupational Therapist. Within my NHS career I was fortunate to work within multi-disciplinary teams across both acute and community settings gaining a diverse skill set within a wide range of clinical areas including neurology, acquired brain injury, long term conditions, stroke rehabilitation, orthopedics, elderly care and end of life. I am a manual handling key trainer and am skilled at completing assessments and delivering training to staff teams. I have worked at clinical leadership level and have experience managing teams of staff. I strive for perfection and am passionate about enabling individuals to achieve their full potential and regain independence in occupations.

SKILLS

- Extensive experience working within a community setting with adults with complex physical and cognitive presentations.
- Excellent functional and cognitive assessment skills
- Specialist in functional rehabilitation using a person-centered goal orientated approach.
- Skilled at assessing equipment and adaptation needs and making recommendations as appropriate.
- Fatigue and pain management skills
- Workplace assessments skills
- Experience of completing seating and postural assessments.
- Moving and handling trainer-extensive experience of delivering training to staff and carers
- Seating and postural assessment skills.
- Extensive experience of Hospital discharge and supporting an individual to remain independent at home.
- Experience of managing teams of staff and providing clinical leadership
- Skilled at writing bespoke manual handling plans and risk assessments.
- Fantastic communication and interpersonal skills-personable and approachable
- Able to provide comprehensive reports.

EXPERIENCE

JAN 2017 – PRESENT

CASE MANAGER CIRCLE CASE MANAGEMENT

- Being an advocate and providing support to clients and their families
- Assessment of an individual's clinical needs to assist in making recommendations for rehabilitation and secure funding for treatment.

- Co ordinating multiple services, monitoring outcomes of assessments and rehabilitation sessions and monitoring clients long term needs.
- Leading Multi-disciplinary team meetings and case conferences
- Implementing and coordinating therapy programmes to promote return to work/occupation or leisure activities.
- Independent management of caseload of clients who has sustained traumatic head injuries and multiple orthopedics injuries.
- Operational management of care and support teams
- Recruitment and training of staff
- Goal setting

APRIL 2022 – PRESENT

INDEPENDENT OCCUPATIONAL THERAPIST

- Working with clients with a range of complex conditions and co morbidities including neurological long term conditions, traumatic orthopedic injuries, acquired brain injury, elderly care presentations, dementia and end of life care.
- Functional and cognitive assessment
- Implementation and delivery of functional rehabilitation programs
- Equipment and adaptation recommendations
- Seating and postural assessments
- Fatigue management rehabilitation
- Pain management rehabilitation
- Home environmental assessments
- Cognitive assessment and rehabilitation
- Workstation assessment
- Provision of moving and handling assessment and training to staff teams.
- Comprehensive report writing including rehabilitation recommendations.
- Completing functional assessments for charities including Royal British Legion, SSAFA, RAF and making recommendations for rehabilitation and equipment provision.
- Provision of mentoring service for other Independent Occupational Therapists including clinical support and quality assurance regarding report writing.

APRIL 2022 – PRESENT

STAFF BANK OCCUPATIONAL THERAPIST ROYAL DEVON UNIVERSITY NHS TRUST

- Delivering manual handling training for community-based staff. Course material covered single handed and double handed techniques.

JUNE 2015 – APRIL 2022

COMMUNITY BASED SENIOR OCCUPATIONAL THERAPIST (BAND 6) ROYAL DEVON UNIVERSITY NHS FOUNDATION TRUST

- Management of complex rehabilitation caseload within community hospital setting.
- Working jointly with the wider Multi-Disciplinary Team to facilitate complex Hospital discharges
- Functional and cognitive assessments- client group included those with physical disabilities, neurological long term conditions and elderly frail co morbidities.
- Falls assessments.
- Home environmental assessments
- Delivery of functional rehabilitation programmes both within community and in patient settings.

- Organizing, co ordinating and leading case conferences with client and families regarding rehabilitation and care needs and Hospital discharge.
- Extensive experience gained working with clients with long term conditions including MS and MND. Skilled in supporting individuals to manage their long-term conditions.
- Worked as a seating champion for community cluster. Providing specialist seating and postural assessments to clients with varying postural management needs. Supported staff with assessment and disseminated training as appropriate.
- Manual handling key trainer. Completed four day train the trainer course. Delivered annual training to therapy staff.
- Offered specialist manual handling advise to colleagues regarding complex moving and handling issues.
- Experience of urgent community assessments/admission avoidance and end of life care.
- Student educator

NOV 2011 – JUNE 2015

CLINICAL LEAD OCCUPATIONAL THERAPIST (BAND 7) ROYAL DEVON UNIVERSITY NHS FOUNDATION TRUST

- Autonomous management of complex in- patient caseload across acute 26 bedded neuro/medical ward.
- Experience working with clients with a range of neurological conditions including Parkinson's disease, acquired brain injury, MS, brain tumors, neuro surgery, stroke and functional neurological disorder.
- Joint clinical leadership and operational management of therapy staff across acute stroke unit, neuro rehabilitation centre and neuro medical wards.
- Clinical leadership of acute stroke unit. Providing clinical support to junior staff and completing service development and improvement project to establish integrated therapy working across the unit.
- Completing neurological assessments for newly diagnosed stroke patients in acute setting. Formulation and execution of functional rehabilitation programmes, evaluation of treatment and outcomes.
- Cognitive assessments
- Discharge planning and assessment
- Equipment assessments.
- Wheelchair and seating assessments
- Provision of informal and formal supervision to staff. Completion of sickness and performance management.
- Maternity leave between May 2014-April 2015.

SEPT 2016 – NOV 2011

SENIOR OCCUPATIONAL THERAPIST (BAND 6) ROYAL DEVON UNIVERSITY NHS FOUNDATION TRUST

- Responsible of day-to-day management and running of the acute inpatient medical Occupational Therapy team consisting of six staff.
- Clinical leadership to these staff covering wards of varying specialties including; respiratory, renal and cardiac, neurology, oncology and care of the elderly.
- Management of complex caseload of neuro/medical patients on an acute in-patient ward.

- Completion of complex functional assessments, formulating and implementing treatment programmes, setting goals and evaluating treatments.
- Discharge planning
- Secondment to neuro rehabilitation centre providing intensive rehabilitation to adults with neurological conditions.
- Maternity leave between Jan 2011- Nov 2011

SEPT 2002 – SEPT 2016

ROTATIONAL OCCUPATIONAL THERAPIST (BAND 5) TAUNTON AND SOMERSET NHS TRUST

- Completion of four, six monthly rotations in the following clinical areas; Elderly rehabilitation, trauma and orthopedics, stroke rehabilitation and community in-patient rehabilitation.
- Progression to Senior II level completing two twelve-month rotations within the fields of elderly rehabilitation and specialist spinal and orthotics.

EDUCATION

1999-2002

BSC HONS OCCUPATIONAL THERAPY, ST LOYES SCHOOL OF HEALTH STUDIES, EXETER

1997-1999

A LEVELS, NEW COLLEGE, SHROPSHIRE

A levels; Music, English and Human biology

1992-1997

GCSES, ORLETON PARK SCHOOL, SHROPSHIRE

Eight GCSE passes including English Language and Literature, Mathematics, Science.

ACTIVITIES

Outside of work I am passionate about maintaining my personal health and fitness. I enjoy running and Pilates. I complete occasional running events. I have completed the Exeter Half marathon running in aid of the charity Force.

I am a member of the RCOT Independent Occupational Therapist's specialist group and enjoy the networking and learning opportunities this brings. I currently provide mentoring to other independent associate Occupational Therapists supporting clinical decisions and quality assuring report writing.