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| **JOANNA KITCHEN** | | |
| **CONTACT DETAILS** | | |
| On Request via wavesot@outlook.com |  |

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| **PROFILE** |

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| **EMPLOYMENT** |

A highly motivated senior Physiotherapist with extensive experience in neurological rehabilitation, complex polytrauma, and elderly care.

Nov 2024 – Ongoing **Physio Practice Cornwall** Associate Neuro Physiotherapist

* Responsible for a managing a complex caseload of patients with Neurological conditions.
* Provide person-centred, evidenced based rehab to enable patients to improve their quality of life.

Feb 2024 – Ongoing **Network Facilitator for AHPs in Quality Improvement**

Band 8a Network Facilitator

* Evaluated the network and co-designed a 12-month strategy with regional core connectors and network members.
* Started a podcast and communications team to showcase examples of great QI work and inspire clinicians and senior leaders to use QI to improve healthcare.

Oct 2023 -Jan 2024 **Globe Locums Ltd: RCHT Stroke and Neuro Team**

* Provided evidence-based assessment and rehabilitation for acute stroke and neuro patients.
* Worked with the MDT to restart goal setting reviews and improve communication to patients and relatives.

Nov 2020- August 2023 **University Hospital Birmingham: Solihull Adult Neuro Team** Band 7 Neuro Physiotherapist

* Therapy team lead responsible for a mixed ESD and Neuro-outpatients team including Physiotherapists, Occupational Therapists and Therapy Support Workers.
* Championed implementation of evidence-based rehab as a team lead and chair of the Midlands ACPIN (Association of Physiotherapists in Neurology) through in-service development programs and ACPIN events.
* Successfully bid for charitable grants for equipment to meet evidenced based guidelines for Stroke rehab- ODFS Pace, SaeboStim Pro and Syebro Robotic gloves.
* Provided weekend cover on the Acute Stoke Unit and in-reach Neuro Team. Supported the wider therapies team as hospital site lead.

Nov 2018- Nov 2000 **University Hospital Birmingham: Solihull Adult Neuro Team** Band 6 Neuro Physiotherapist

* Responsible for managing a complex caseload of patients with Neurological conditions and working with our local exercise services to create opportunities for people with long term conditions to participate in physical activity.
* Led the Parkinson’s UK audit and service improvement plan, comprehensive induction for new starters.
* Worked in a flexible and responsive way to deliver patient centred care in the right place and at the right time while prioritising service needs.

Nov 2015- Nov 2018 **University Hospital Birmingham: Solihull Falls Team** Falls Practitioner

* Participated in developing the service from just one physiotherapist and nurse into a larger, pro-active team, including Occupational therapists, Pharmacists and generic support workers.
* Developed a consultant led multidisciplinary Falls clinic which was able to assess and treat a patient in one visit and reduced delays in accessing different professions.

March 2015- Nov 2015 **University Hospital Birmingham: Community Therapies** Bank Physiotherapist

* Worked with a multidisciplinary team to provide rehabilitation at home and prevent hospital admissions.

Jan 2013- Nov 2016 **Spire Parkway** Bank Physiotherapist

* Worked closely with the multidisciplinary team to provide excellent pre-op and post-op care for elective operations including Orthopaedics, Gynaecology and Thoracics.

Feb 2009-May 2012 **Royal Leamington Spa Rehabilitation Hospital** Band 5 Rotations

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| **QUALIFICATIONS** |

**Coventry University** 2005-2008 BSc Physiotherapy 2:1

**The Holt School** 1997-2005  *3* A levels at ‘A’ and 10 GCSE’s, eight A\*’s and two A’s.

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| **Membership of Professional Bodies and Networks** |

* Chartered Society of Physiotherapy: 082937 South West CSP Committee Member
* Health and Care Professionals Council: PH89808
* ACPIN (Association of Physiotherapists in Neurology) Midlands Chair 2019-2023, current Southwest Committee Member.