



Dawn
Berryman

I N D E P E N D E N T O C C U P A T I O N A L T H E R A P I S T

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A B O U T

Dawn trained at the University of the West of England and graduated in 2014 with a 2:1 Bachelor of Science (BSc) in Occupational Therapy.

Dawn began her career in child and adolescent mental health (CAMHS). Since then, she has developed experience working in a variety of acute, community and educational settings. She prides herself on ensuring that each session is tailored uniquely to the individual child or adult's needs. Over the years, Dawn has worked with both children and adults in many different settings and experiencing a wide array of challenges and disabilities.

Alongside her day-to-day work, Dawn continues to extend her knowledge and skills by attending training courses to further develop her expertise and clinical skills.

In her spare time, Dawn enjoys spending time with her husband and children at the beach or on the smallholding where they live, with one dog and various other farm animals. She is passionate about helping others, arts and crafts and the beach.

S K I L L S

- Occupational Therapy
- Rehabilitation
- Paediatrics
- Mental Health
- Sensory Processing
- Primitive Reflexes
- Therapeutic Listening



EXPERIENCE

INDEPENDENT OCCUPATIONAL THERAPIST, THE OT PRACTICE

(2021 - PRESENT)

Dawn assesses and treats children and adults with a variety of clinical needs. She enjoys seeing clients in their own homes, schools, or nurseries to provide assessments and functional treatment programmes. Dawn utilises the skills she has acquired in her career so far to deliver specialist interventions and support clients to reach their full potential and achieve their goals.

CHILDREN'S OCCUPATIONAL THERAPIST, ROYAL CORNWALL HOSPITALS TRUST (RCHT) - COMMUNITY PAEDIATRIC THERAPIES

(2018 - 2022)

Dawn completes assessments of children's needs, devising child centred and evidenced based treatment programmes through graded activities, individual treatment, and activity programmes. She liaises with families and carers to feedback on a child's progress and communicates with multi-disciplinary and multi-agency professionals when required.

Dawn reviews the needs of her patients and is able to supply suitable equipment to promote independence, correct posture and promote function. She ensures that the patient and carers have all the help, support, and equipment that they need to retain as much comfort and independence as possible.

OCCUPATIONAL THERAPIST, RCHT - ACUTE ASSESSMENT AND DISCHARGE

(2015-2018)

Dawn provided evidence-based interventions and recorded patient notes in a clear and concise manner. She devised care plans for patients to outside services and sustained good relationships with service users and their carers, friends, and relatives. Dawn also reviewed the needs of her patients and supplied suitable equipment designed to promote independence.

SPECIALISMS & CONDITIONS WORKED WITH

- Down's Syndrome
- Mild Hemiplegia
- Dyspraxia
- Sensory Integration Difficulties
- Gross Motor Skills
- Fine Motor Skills
- Dexterity and Handwriting Difficulties
- Visual Perception
- Balance and Co-Ordination
- Self-Care Task such as Dressing and Feeding
- Anxiety and Emotional Regulation
- Postural Needs
- Autistic Spectrum Disorder
- Auditory processing disorder



EDUCATION

1997
CORNWALL COLLEGE
BTEC National Diploma in
Childhood Studies

2011
TRURO COLLEGE
AS Human Biology

2014
UNIVERSITY OF THE WEST OF
ENGLAND
BSc Occupational Therapy

2021
POST GRADUATE TRAINING - ASI
WISE
CLASI Sensory Integration Theory
Module one

2021-2022
Integrate with Success - Retained
Primitive Reflexes

2023
Post Graduate Training – ASI WISE
CLASI Sensory Integration
Modules 2 & 3

Underway - 2023
Post Graduate training ASI WISE
CLASI Sensory Integration
Modules 4-6

March 2023
The Listening Program Certified
Provider (TLP) - Learning
Solutions

OCCUPATIONAL THERAPIST, CORNWALL FOUNDATION TRUST (CFT) – INTEGRATED ADULT MENTAL HEALTH TEAM

(2015 – 9 MONTHS FIXED TERM)

Dawn worked in the community with client groups with complex needs and/or severe and/or enduring mental health problems. She provided evidence-based interventions, effective caseload management skills, with knowledge of the Care Coordination approach and effective risk management skills. She has excellent communication and interpersonal skills as demonstrated with her ability to build strong therapeutic relationships with the clients and their carers, friends, and relatives. She worked as part of the multi-disciplinary team and helped to develop the interface between primary and secondary care services. Dawn worked holistically with other services and agencies, using resources flexibly and imaginatively to meet need. She adhered to a whole life approach, which draws on the strengths of the service user to develop their own recovery.

OCCUPATIONAL THERAPIST, CORNWALL FOUNDATION TRUST (CFT) - CAMHS

(2014-2015 – 9 MONTHS FIXED TERM MATERNITY COVER)

Dawn worked with children and young people aged between 5-18 years old who were experiencing mental health needs at tier three level. She worked as part of a multidisciplinary team and contributed to the development of an occupational therapy specific role. Dawn carried out school and home observations and interventions, as well as delivering generic mental health care within the Sedgemoor Centre and helping children to build up the confidence and skills needed to live a fulfilling life. She screened referrals into CAMHS or onto another relevant service and monitored duty calls from children and parents in need of immediate care or support. Dawn was able to problem solve and tailor interventions to an individual's need, ensuring her care was holistic and client centred.